Paul Mitchell The School Schenectady

COSMETOLOGY COURSE INFORMATION

COSMETOLOGY COURSE DESCRIPTION

COSMETOLOGY: *Standard Occupational Classification (SOC) 39-5012.00, Classification of Instructional Programs (CIP) Code 12.0401*

The curriculum involves 1000 hours to satisfy New York state requirements. The course includes extensive instruction and practical experience in cutting, hair coloring, perming, customer service, personal appearance and hygiene, personal motivation and development, retail skills, client record keeping, business ethics, sanitation, state laws and regulations, salon-type administration, and job interviewing.

COSMETOLOGY COURSE OVERVIEW

Course Hours: 1000 clock hours

The course is divided into pre-clinical classroom instruction and clinical service learning experiences.

- **Pre-clinical Classroom Instruction:** The hours are devoted to classroom workshops where students learn design principles, technical information, and professional practices.
- **Clinic Classroom Learning Experience:** The remaining hours are spent in the clinic classroom area where practical experience is gained.

COSMETOLOGY COURSE OUTLINE

Your time at Paul Mitchell The School Schenectady for the cosmetology program will be divided into five designations:

- **Core Curriculum:** A multi-week pre clinical orientation, known as the CORE program, instills the basic fundamentals. Students are graded and evaluated using written, oral and practical testing methods. Students must successfully complete the Core Curriculum prior to attending regularly scheduled daily classes in cutting, coloring, permanent waving and chemical texture services.
- **Clinic Classroom Experience:** Your learning process will be guided with individual attention and group learning experiences, where workshops, clinic classroom worksheets and periodic evaluations developed specifically for this monitoring progress. This is when you begin experiencing your clinic classroom education on paying clients in the clinic classroom area.
- **Classroom Learning**: Your time in the classroom is divided into four areas. Each of these areas has a licensed instructor who conducts the different specialty classes each week. Classroom Learning Experiences may also include retail, motivation, self improvement, professional development, and attendance education.
- **Adaptive Curriculum**: You will enter a new phase of specialty classroom workshops coupled with challenging practical services that will continue to build you into a beauty industry professional.
- **Creative Curriculum**: You will spend your remaining hours in Paul Mitchell The School Schenectady in “high gear” by dressing, acting and working like a beauty industry professional. You will use your own artistic and creative abilities, coupled with the assistance of the Learning Leaders, to prepare yourself for your future beauty industry career. You must be up to date on all theory tests and worksheets to be considered a “Creative Future Professional” and added to the creative schedule. Creative Schedules begin during the first week of the month.

COSMETOLOGY COURSE SUBJECTS

The instructional program of Paul Mitchell The School Schenectady meets or exceeds the state requirements:

Requirements	Total Clock Hours
Professional Requirements • New York State License Requirements • State and Federal Payroll Requirements • New York State Sales Tax Requirements • Career Opportunities and Placement • Professional Ethics, Conduct and Attitude • Professional Organizations, Trade Shows and Publications • View and discuss the mandatory Domestic Violence and Sexual Assault Awareness online course	24

Safety and Health
• New York State Laws, Rules and Regulations
• OSHA Regulations Concerning Hazardous Materials Communications
• Types and Classification of Infectious Organisms
  ◦ Bacteria
  ◦ Viruses
  ◦ Molds
  ◦ Fungus
• Growth and Reproduction of Infectious Organisms
• Infections and Their Prevention
• Immunity and Body Defenses
• Decontamination and Infection Control
• Physical and Chemical Agents
	26

Anatomy and Physiology • Cells, Tissues and Organs • Body Systems • Basic Principles of Nutrition • Overview of Bones and Muscles of the Head, Arms, Hands, Legs and Feet	15

Hair Analysis
• Structure
• Growth Patterns
• Hair Types and Textures
  ◦ Hair Types - Fine, Medium, Thick
  ◦ Hair Textures - Straight, Wavy, Curly, Wiry, Coily and Afro Textures
• Porosity
• Elasticity
• Density
	10

Hair and Scalp Disorders and Diseases • Dandruff • Alopecia • Fungal Infections • Infestations • Infections	10
Chemistry as applied to Cosmetology • Forms and Properties of Matter • Elements, Compounds and Mixtures • Chemical Reactions and Solutions • The pH Scale • FDA Laws Governing Hair Care Products and Product Safety	5

Requirements	Total Clock Hours
Shampoos, Rinses, Conditioners and Treatments • Client Preparation, Analysis and Consultation for all hair types and textures • Hair Analysis Instruments and Equipment • Shampooing Products, Composition and Procedures for all hair types and textures • Detangling and Treating for Coily and Curly Textures • Rinsing Products, Composition and Procedures for all hair types and textures • Conditioning Products, Composition and Procedures for all hair types and textures • Procedures for Hair and Scalp Disorders • Scalp Manipulations	30

Haircutting and Shaping
• Fundamentals, Principles and Concepts of Design
• Scissor Haircutting
  ◦ Nomenclature and Care of Scissors
  ◦ Techniques and Procedures
• Razor Haircutting
  ◦ Nomenclature and Care of Razor
  ◦ Techniques and Procedures
• Clipper Haircutting
  ◦ Nomenclature and Care of Tools
  ◦ Techniques and Procedures
• Removal/Trim of Superfluous Hair
• Contemporary and Specialized Haircutting
  ◦ Curly and Coily Styles
  ◦ Female Styles
  ◦ Male Styles
  ◦ Children Styles
• Mustache and Beard Shaping
• Shaving
  ◦ Dexterity of the Hands and Razor
  ◦ Preparation and Procedures
	175

Hairstyling
• Fingerwaving
• Pincurling
• Skipwaving
• Roller Styling
• Patterns in Hairstyling
  ◦ Waves, Pin Curls, Rollers and Combinations
• Finishing Techniques
  ◦ Twisting, Wrapping, Weaving, Extending, Locking and Braiding
• Traditional Weaving and Styling
• Services in Hairstyling
  ◦ Tools and Implements
  ◦ Blowdrying/Diffusing
  ▪ Blowdrying with Controlled Tension
  ▪ Diffusing Curly and Coily Hair
  ◦ Flatiron and Thermal Iron
  ▪ Preventing Heat Damage
  ◦ Thermal Curling
  ◦ Hair Pressing and Silk Press on Natural Hair
• Hair Pieces
	245

Chemical Restructuring • Chemistry • Chemical Restructuring Products • Client Consultation and Texture Hair Integrity • Hair Loss and Potential Health Risks Associated with Chemical Restructuring • Preliminary Procedure of Chemical Restructuring • Procedure of Chemical Restructuring • Corrective Chemical Restructuring	180

Requirements	Total Clock Hours
Hair Coloring and Lightening • Color Theory • Chemistry • Preliminary Procedures of Hair Coloring • Client Consultation • Hair Coloring Procedures • Hair Lightening and Texture Hair Integrity • Special Effects • Corrective Procedures	180

Nail Care and Procedures
• Nail Structure
• Nail Disorders and Diseases
• Nail Shape and Color Analysis
• Basic Manicuring and Pedicuring
• Manipulations of the Hand, Arm, Leg and Foot
• Nail Tip Application
  ◦ Adhesives
  ◦ Fitting, Design and Application
• Nail Wrap Application
  ◦ Silk, Fiberglass and Linen Procedures
  ◦ Surface Wrapping Natural Nail and Mending
  ◦ Tip Overlay Wrapping
  ◦ Repair, Maintenance and Removal
• Liquid and Powder Nail Extensions
  ◦ Application Procedures for Tips With Overlays, Natural Nails and Sculptured Nails
  ◦ Repair, Maintenance and Removal
  ◦ Chemical Reactions to Liquid and Powder
	40

Skin Care and Procedures
• Structure and Function of the Skin
• Skin Conditions and Disorders
• Facial and Body Procedures
  ◦ Client Preparation
  ◦ Skin Analysis and Consultation
• Wet and Dry Exfoliations and Applications
• Use of Various Products to Enhance the Appearance of the Skin
  ◦ Seaweed, salt, paraffin, mud, ampules, creams, etc.
• Discussion for Further Training Required for Advanced Techniques Such as Aromatherapy and Water Therapies
• Temporary Methods of Hair Removal
  ◦ Manual Tweezing
  ◦ Depilatory Lotion
  ◦ Waxing
  ◦ Bleaching
• Make-Up Application
  ◦ Color Analysis
  ◦ Morphology of the Face
  ◦ Product Knowledge, Chemistry and Related Composition
  ◦ Eyebrow Contouring
  ◦ Corrections and Contouring
  ◦ False Eyelashes
  ◦ Further Training Required for Advanced Techniques
	60

Hours required by NYS Regulations	**1000**

The institution offers employment assistance to help graduates' efforts to secure education-related employment that includes, but is not limited to training in professionalism, resume' development, job interview preparation and job search skills.

COSMETOLOGY PROGRAM TESTING AND GRADING PROCEDURE

The following tests and grading procedures are used to assess student learning and mastery of course content in the 1000-hour course:

1. **Academic theory exams:** Students must receive a grade of 80% or higher on each assigned theory exam.
2. **Orientation practical skill evaluation test:** Students must receive a grade of 80% or higher on each written exam and each practical skill exam in order to complete the Core program. The exams are an overview of instruction taught during the Core schedule. All Core written and practical skill exams must be passed with a 80% in order to transition to the Clinic Classroom. If students are unable to pass each exam after two attempts, the student may be asked to withdraw from the program and re-enroll in the next available Core class start date.
3. **Final exam 1:** This test covers an overview of all related cosmetology subjects (e.g., anatomy, chemistry, etc.). Students must receive a grade of 80% or higher on all final exams.
4. **Final exam 2:** The written exam covers an overview of all theory instruction, New York state law, and other items covered on the state cosmetology exam. Students must receive a grade of 80% or higher on all final exams.
5. **Practical clinic classroom worksheets:** Students must complete all assigned practical clinic classroom worksheets.